

#Stay Alive

6 JULY 2015, BIRMINGHAM

**PATIENT
SAFETY**
AWARDS



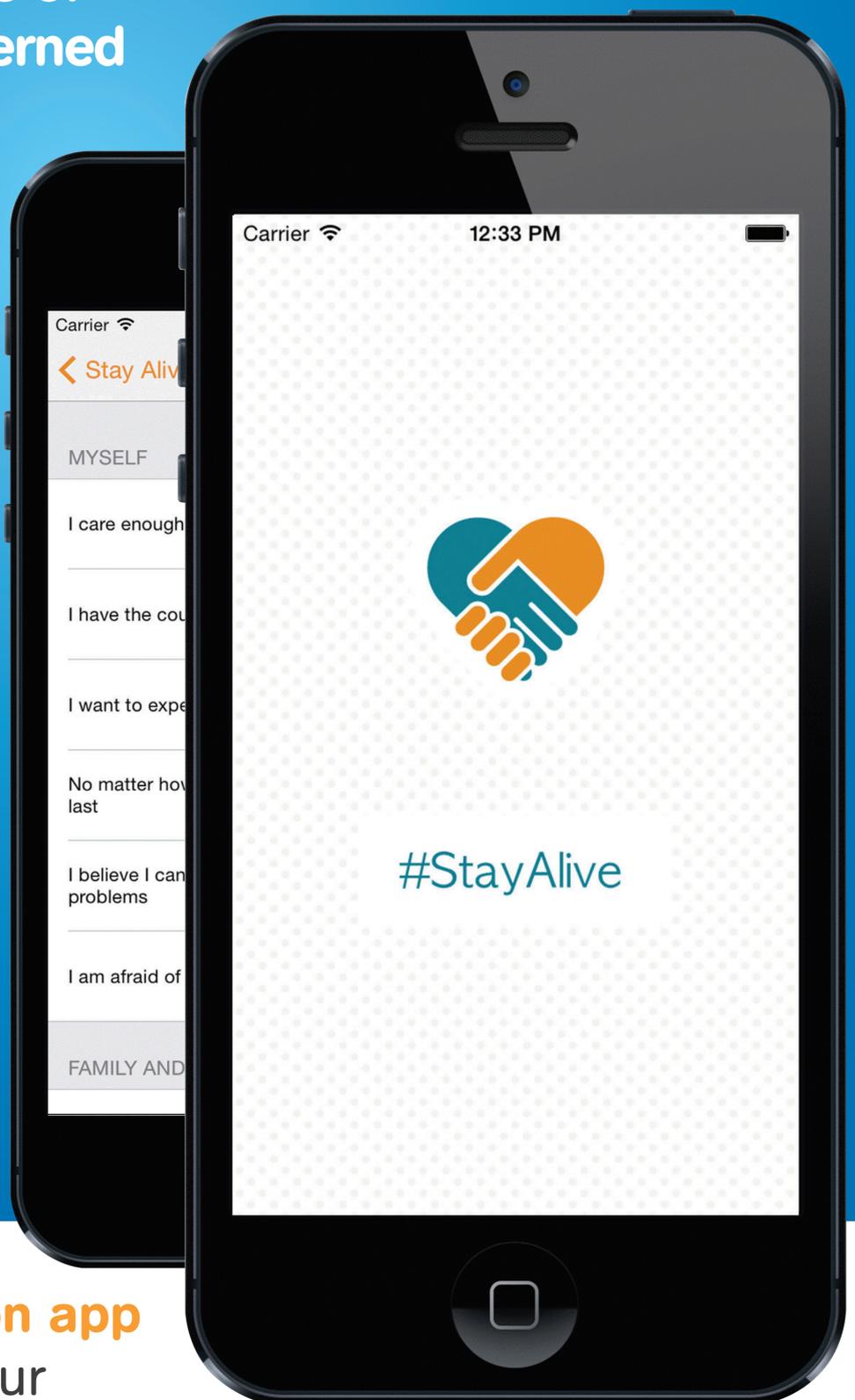
WINNER

A suicide prevention pocket resource for the UK

Stay Alive offers help and support both to people with thoughts of suicide, and to people concerned about someone else.

Features include:

- Quick access to national crisis support helplines
- Strategies for staying safe from suicide
- How to help a person thinking about suicide
- A mini-safety plan
- A LifeBox to keep images reminding the user of their reasons to stay alive
- Suicide myth-busting



#StayAlive suicide prevention app

To download the app visit your phone's app marketplace.



GRASSROOTS
SUICIDE PREVENTION